

INTRO TO WINTER HIKING WORKSHOP



Evening of: Tuesday February 5, 2013

First Church in Belfast UCC, 8 Court St Belfast, Maine 04915



On Tuesday February 5, 2013, the Maine Chapter of the Appalachian Mountain Club will present a Winter Outings Skills Workshop at the First Belfast Church in Belfast. Join experienced winter leaders Peter Broderick and Laura Flight for this intro to clothing, gear, snow travel, hiking techniques, and taking care of yourself in the winter. Learn to stay warm, dry, and functional. This workshop is intended for experienced three-season trampers who would like to take the plunge into that fourth season- winter. Anyone interested in winter outings (such as nordic types) will benefit from this workshop. Experienced winter trampers will also learn a few tricks of the trade. It will be an excellent "things-you-need-to-know-before-you-go" for anyone hiking this winter. This event is free and open to the public, but please register!



Peter Broderick, AMC Winter Leader

FMI: <http://www.amcmaine.org/calendar/#66412>

Registration/FMI: Laura Flight flyrodflight@systemfolder.com or 207-215-5306

www.amcmaine.org

• **Appalachian Mountain Club - Maine Chapter**