Exhilarating Winter Destinations: AMC’s Maine Wilderness Lodges

Looking for some good old-fashioned outdoor fun and exercise this winter? Want a healthful way to spice up your winter? A way to enjoy the snow and get fresh-air exercise, yet feel warm and pampered?

I recommend you look at the three wilderness lodges operated by AMC in the heart of Maine’s famed 100-Mile Wilderness. Each location offers unique lodging and terrific outdoor recreation opportunities. In the winter you can access each lodge by skis or snowshoes while your personal gear is transported by snow machine. How easy is that!

Maine Chapter volunteers have been chinking cabins, splitting and stacking firewood, and helping get the lodges ready for winter fun. Here is our winter take on each lodge:

Medawisla Wilderness Lodge & Cabins.

Medawisla is open this winter for full service, and for the first half of the winter season you can drive right to the door. The road from Kokadjo will be plowed until Sunday, February 5. After that date the only access to these wood stove-heated individual cabins and hot steaming meals will be by skis or snowshoes. Former manager Amy Mesich has taken a job in town and has been ably replaced by Mike Rinard as both cook and manager. Mike trained his baking skills at Medawisla. Medawisla will be closing for renovations after this winter season.

Little Lyford Lodge & Cabins. Originally built more than 130 years ago as a remote sporting camp, Little Lyford was AMC’s first Maine lodge. It is still remote and still exudes tradition. If you have a hankering to have lived and recreated in Maine in the late 1800’s, the cabins at Little Lyford should be your destination.

I’m so glad my first visit to Lyford was on skis in the winter when the only way in was, and still is, by skis or snowshoes. Floating across the powder into Lyford for the first time was truly magical. An AMC construction crew from Pinkham Notch completed major renovations on the lodge just last fall, making for a cozier stay than when the cabins were first built. Renovations included a new fireplace, a new wood stove, new flooring, a renovated kitchen, and a new guest seating area upstairs. Structural repairs and a new roof will keep the lodge warm and dry for a long while. While most of the original logs have been replaced and modern chinking

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Spectacular French Alpine Hiking on the GR5

Tulle Frazer and Rob Bryan don’t just take your typical vacations. When this Harpswell couple decides to take time off, they want to make it count. Like recently when they decided to hike a portion of the Grande Randonnée Cinq (or GR5), a long distance hiking trail in Europe that traces the spine of the Alps. For 12 days they hiked the GR5 in France as it wound up and down the French Alps within yodeling distance of Switzerland.

While hiking through a variety of ecosystems, from pastures to woods to sub-alpine meadows to glaciers, Tulle and Rob were also taking in the equally stunning distant views of magnificent mountains, some snow-covered, some not. In the valleys they visited wonderfully iconic villages, sampling the varied regional cuisine, and while on mountain paths they often felt remote from the effects of civilization.

If you think you’d like this hike, this scenery, the food, and the European hut system but can’t be away from home that long, here is a terrific alternative. Join Tulle and Rob at an AMC Maine Chapter get-together in Brunswick to hear their stories, see their slides, and learn how rewarding it is to immerse oneself in the spectacular alpine scenery.

On Tuesday February 14th, join Tulle and Rob at the Curtis Memorial Library in Brunswick for a potluck dinner at 6 PM and their talk at 7 PM. Bring a potluck item to share and your own dinnerware (plate, utensils etc.) if possible. Drinks will be available. See driving directions at www.amcmaine.org under Meetings and Education Committee. FMI, email Chair John Mullens at education@amcmaine.org.
**MEETINGS**

Maine Chapter Executive Committee Meeting, Thursday, January 12, 2012, Freeport, ME McDonald’s. Your Maine Chapter Executive Committee meets every odd month (January, March, May, July, September, and November) on the second Thursday. Important conservation topics, outdoor and educational activities, finances, and other items are discussed. Open to all. Meetings are held in the upstairs meeting room of Freeport McDonald’s (ct. of Main St. and Mallett Dr.) from 6:30-8:30 PM. Leader: Larry Dyer, chair@amcmaine.org.

AMC 136th Annual Business Meeting & Farewell Celebration Gala for Andy Falender, Saturday, January 28, 2012, UMass Boston, MA. The day’s activities start at 8 AM and will include followed by the 136th Annual Business Meeting at 3 PM. In the evening, starring at 6 PM, AMC will be celebrating Andy Falender, who after 23 years as President of the Club, is retiring. Pre-registration is required for both the day and evening events. See the article in this newsletter FMI on this big day of Club activities and celebration.

Maine Chapter Executive Committee Meeting, Thursday, March 8, 2012, Freeport, ME McDonald’s. See notice above for January 12 meeting for general topics and items to be discussed. Open to all. Meetings are held in the upstairs meeting room of Freeport McDonald’s (ct. of Main St. and Mallett Dr.) from 6:30-8:30 PM. Leader: Larry Dyer, chair@amcmaine.org.

**EDUCATION**

Ecological Recovery in Coastal Maine. Tuesday, January 17, 2012, Curtis Memorial Library, 23 Pleasant St., Brunswick, ME. Maine’s riverine and coastal marine ecosystems historically supported prodigious abundances of wildlife. However, over the past three centuries, human activities have resulted in the collapse of many anadromous prey species, in turn decimating the nearshore groundfishery. Bowdoin College Professor John Lichter is studying this issue to better understand how continued ecological recovery could stimulate economic activity in coastal Maine, and will discuss this research with us as well as prospects for the future ecological recovery. See full article in this newsletter FMI. Join us for a potluck dinner at 6 PM and the program at 7 PM. Bring a potluck item to share and your own dinnerware (plate, utensils etc.). Drinks will be available. Leader: Meetings and Education Chair John Mullens, education@amcmaine.org., (207) 361-1210.

Spectacular French Alpine Hiking on the GR5. Tuesday, February 14, 2012, Curtis Memorial Library, 23 Pleasant St., Brunswick, ME. For 12 days Tulle Frazer and Rob Bryan hiked the GR5 long-distance hiking trail in France as it wound up and down the French Alps within vodingel distance of Switzerland, hiking through a variety of ecosystems, enjoying magnificent mountain vistas, visiting picturesque villages, and sampling delicious cuisine. Join Tulle and Rob to hear their stories, see their slides, and learn how rewarding it is to immerse oneself in such spectacular alpine scenery. See full article in this newsletter FMI. Join us for a potluck dinner at 6 PM and the program at 7 PM. Bring a potluck item to share and your own dinnerware (plate, utensils etc.). Drinks will be available. Leader: Meetings and Education Chair John Mullens, education@amcmaine.org., (207) 361-1210.

Why Roadkill Matters. Wednesday, March 21, 2012, Curtis Memorial Library, 23 Pleasant St., Brunswick, ME. In Maine, where much of our road system goes through or along undeveloped countryside, we’re used to seeing roadkill or live animals on the highway, and usually don’t think much more about it. The Maine Audubon Wildlife RoadWatch program, a partnership between Maine Audubon and several other agencies, is collecting citizen-recorded wildlife sightings to build a database and to develop a scientific understanding of wildlife movements across Maine and its roadways. Barbara Chapp of Maine Audubon will talk more about the details of this important effort. See full article in this newsletter FMI. Join us for a potluck dinner at 6 PM and the program at 7 PM. Bring a potluck item to share and your own dinnerware (plate, utensils etc.). Drinks will be available. Leader: Meetings and Education Chair John Mullens, education@amcmaine.org., (207) 361-1210.

New Information and Photos on the History of the Appalachian Trail in Maine. Thursday, March 29, 2012, Fields Pond Audubon Center, 216 Fields Pond Rd., Holden, ME. David B. Field’s new book on Myron Avery and the history of the AT in Maine; Along Maine’s Appalachian Trail, excels with old photos that exhibit the rugged landscape of Maine and trail development in action, while the supporting prose narrates how it was all accomplished. Field, a retired UMO professor of Forest Resources and longtime member and officer of the MATC, has maintained 6 miles of the AT for 54 years. This long personal history with the trail provides the basis of the book. Recently, Field traveled to Deer Isle to visit Avery’s granddaughter and gain access to more than 100 historic photos that further document Avery’s role in the development of the AT. Field will show many of these newly discovered photos, and will also have books to sell and sign. See full article in this newsletter FMI. Presentation starts at 7 PM. The program is jointly sponsored by Maine Audubon and the AMC Maine Chapter and is free and open to the public. Leader: Education Chair John Mullens at education@amcmaine.org., (207) 361-1210.

**CONSERVATION**

Land Conservation Projects in the Works. Wednesday, February 1, 2012, Fields Pond Audubon Center, 216 Fields Pond Rd., Holden, ME. Why do Wall Street jitters make it harder for Maine nonprofits to protect land? Dramatic opportunities for land and easement purchases in Maine could add to acreage protected for recreation and wilderness. Representatives from the Trust for Public Land, the Forest Society of Maine, Downeast Lakes Land Trust, and AMC will describe the land acquisitions they are working on, and the challenges they face. Citizens can make a difference in helping these projects get done. Presentation starts at 6:30 PM. This event is co-sponsored by the AMC Maine Chapter and Maine Audubon. Leader: Karen Herold, conservation@amcmaine.org.

Hot Topics in the State House. Wednesday, March 7, 2012, Gilisland Farm Audubon Center, 20 Gilisland Farm Rd., Falmouth. Advocates from the Maine Chapter of AMC and Maine Audubon will describe the current legislative issues that affect the environment, and what citizens can do to help. Presentation starts at 6:30 PM. This event is co-sponsored by the AMC Maine Chapter and Maine Audubon. Leader: Karen Herold, conservation@amcmaine.org.

Hot Topics in the State House. Thursday, March 15, 2012, Fields Pond Audubon Center, 216 Fields Pond Rd., Holden. Advocates from the Maine Chapter of AMC and Maine Audubon will describe the current legislative issues that affect the environment, and what citizens can do to help. Presentation starts at 6:30 PM. This event is co-sponsored by the AMC Maine Chapter and Maine Audubon. Leader: Karen Herold, conservation@amcmaine.org.

**TRAILS**

Ski Trail Maintenance. Friday through Monday, January 27 – 30, Maine Woods Initiative Property, east of Greenville, ME. Volunteers are needed to prepare ski trails for an upcoming dog sled race on February 4. Work with MWI staff on grooming trails to accommodate mushers and their dog teams during the 7th annual Wilderness Sled Dog Race beginning and ending in Greenville. Stay at Little Lyford Lodge and Cabins and be among the first to enjoy the newly remodeled lodge and dining room. Intermediate cross country ski skills required. Leader: Peter Roderick, (207) 293-2704, roderick1027@fairpoint.net.

**YOUNG MEMBERS**

Rock Climbing Social. Monday, January 9, 2012, Maine Rock Gym, 127 Marginal Way, Portland, ME. Join us at 7 PM for rock climbing at the Maine Rock Gym. Beginners to advanced climbers are welcome! Cost is $17 and includes all rock climbing gear.
and expert instruction. Please RSVP. Maine Rock Gym requires each participant to complete a waiver form prior to climbing. You can fill one out online at MRG or download one online at http://merogckymwaiver.html and bring it with you. Leader: Kim Sanders kimberlyannsanders@gmail.com.

Pleasant Mountain Winter Hike. Sunday, January 22, 2012, Bridgton, ME. Beginner winter hike up the Bald Peak Trail on Pleasant Mtn., with magnificent views of the Whites and Western Maine mountains. Depending on group experience, it may be a 2.5-mile or a 5-mile trip to an elevation of 1950 feet +/- (note distance preference when registering). Snowshoes, traxct control and winter boots required. Trip difficulty: Moderate. Leader: Carrie Walia (207) 928-2277 (6 – 8 PM), carrie.ammce@yahoo.com; Co-Leader: Kim Sanders, kimberlyannsanders@gmail.com.

BEGINNER WINTER HIKING

Douglas Mountain. Saturday, December 31, 2011, Sebago, ME. Join us on New Year’s Eve for a morning snowshoe! It’s time to get ready for winter with an easy climb to the top of Douglas Mountain in Sebago. The views from the top are spectacular. Trip length is 2.3 miles with an elevation gain of 416 feet. Trip difficulty: Easy. Leader: Jeanne Christie (207) 310-8708 (best time to call: 6:00 - 9:00 PM), Jeanne.christie@aswm.com; Co-Leader: Larry DeHof (207) 310-8952 (best time to call: 6 – 9 PM).


Camden Hills Snowshoe. Saturday, January 7, 2012, Camden, ME. A good beginner outing for those interested in developing experience with elevation gain. Education will be a priority, and gear and heat management will be reviewed. Elevation gain is about 1,000 feet and the time on trail is about 4 hours. Final choice of which hill to hike will be made based upon group input. Choices include Ragged Mtn., Bald Rock, Maiden Cliff or Mt. Megunticook. Trip difficulty: Easy. Leader: Michelle Moody, (207) 319-7355 (best time to call: before 9 PM), meamc@micstan.us; Co-Leader: Stan Moody.

Sabattus Mt. Full Moon Snowshoe. Sunday, January 8, 2012, Lovell, ME. An easy climb that gains 600 ft. and leads to expansive views ranging from Shawnee Peak ski area to the Baldface. 1.5 miles round trip, 1.5 hours. Trip difficulty: Easy. Leader: Scott Dyer (207) 233-5758, sdyer@natenv.com; Co-Leader: Corey Kish.

Potash Mountain. Saturday, January 14, 2012, Blue Mountain National Forest, NH. Hike to summit of Potash Mtn. (2,700 ft.) and open ledge views via a 2-mi. trail off Kancamagus Highway. Trip difficulty: Easy/Moderate. Leader: Sonny Martineau, sonnymart27@yahoo.com; Co-Leader: Dennis Crisp, bighit@cliffhanger.com.

Rumford Whitecap. Saturday, January 14, 2012, Rumford, ME. Beautiful hike at a moderate pace to the open summit of Rumford Whitecap. Excellent views in all directions. 4 mile RT. Winter gear required. Trip difficulty: Beginner. Leader: Jim Radmore jradmore@gwi.net; Co-Leader: George Brown.

Burnt Mountain. Saturday, January 21, 2012, Carrabassett Valley, ME. If you’re new to winter hiking, here’s your chance to bag a snowy-topped mountain! Mid-winter hike to 3595 ft. summit of Burnt Mtn. Outstanding views of Sugarloaf, Abraham, Crockers, and Bigelow. 6 miles total with rise of 1600’ vertical. Easy pace, intended for beginner hikers with full winter gear and some winter hiking experience. Trip difficulty: Beginner. Leader: Jeff Aceto (207) 233-5758, sdyer@natenv.com; Co-Leader: Roger David, rogerdavid@earthlink.net.

Kennebec Highlands. Saturday, January 21, 2012, Rome, ME. Snowshoe day hike in Kennebec Highlands near Belgrade, ME. 4-mile loop hike includes mostly moderate ascent and descent of Roundtop Mt. with some briefly steep sections. Basic comfort with snowshoeing necessary and appropriate clothing required (leave your cotton at home please). Check with leader for time and meeting place for hike. We will eat lunch on trail. Trip is being offered in conjunction with Belgrade Regional Conservation Alliance. Trip difficulty: Moderate. Leader: Peter Roderick (207) 293-2704, roderick1027@fairpoint.net.


Snowshoes and some sort of traction device required. Trip difficulty: Moderate. Leader: Lew Dow (207) 890-8512, ljdow@yahoo.com; Co-Leader: Wayne Newton (207) 897-3072 (before 9 PM).

Cameron Hills. Saturday, January 28, 2012, Camden, ME. Let’s hike or snowshoe the “back side” of the Camden Hills. Options include Bald Rock Mtn., Cameron Mtn., and/or Sky Blue Trails, depending on trail and snow conditions. Full winter gear required. Trip Difficulty: Easy/Moderate. Leader: Judy O’Neal, judycleoneal@fairpoint.net; Co-Leader: Carey Kish.

Mt. Agamenticus. Saturday, February 4, 2012, York, ME. Not ready for the big mountains but looking to try a small one? Here is your perfect choice with ocean views from the top. Snowshoe outing for those looking to learn a bit more or have an easy day out in the snow. Moderate pace. Start at the base of Mt. A and go up to top, then on to second and third top if the group is up to it. 2-3 hours, 1 mile round trip, 1.5 hours. Trip difficulty: Easy. Leader: Michelle Moody (207) 319-7355 (best time to call before 9 PM), meamc@micstan.us; Co-Leader: Stan Moody.

Sabattus Mtn. Full Moon Snowshoe. Tuesday, February 7, 2012, Lovell, ME. An easy climb that gains 600 ft. and leads to expansive views ranging from Shawnee Peak ski area to the Baldface. 1.5 miles round trip, 1.5 hours. Trip difficulty: Easy. Leader: Scott Dyer (207) 233-5758, sdyer@natenv.com; Co-Leader: Jane Gibbons (207) 647-3987, patnjane@wildblue.net.

Little Bigelow. Saturday, February, 11, 2012, Carrabassett Valley, ME. Experience winter hiking on one of Maine’s most revered mountain ranges! We’ll ascend Little Bigelow (casually referred to in oxyymorn-speak as “Little Big”) via the Appalachian Trail. The 3.5 miles to the summit gains 1,750 feet and includes some open ledges and a stream crossing. Total hike is 7 miles. Open ledges afford some great views without the risk of full summit exposure. Come experience moderately steep terrain in winter in a low-risk setting. Intended for beginner winter hikers. Snowshoes with cleats, crampons, or heavy-duty traction system (such as Kahoolua “Micro-Spikes”) required. Trip difficulty: Easy/Moderate. Leader: Laura Flight (207) 215-5306 (before 9 PM), flyrodflight@systemfolder.com.

Blueberry Mountain. Saturday, February 18, 2012, Evans Notch, ME. Park at Cold River Campground on Route 113 and walk to Ranger Station. Then strap on snowshoes for Bickford Brook Trail to Blueberry Ridge Trail, cross Bickford Brook and then start uphill for 0.8 miles to the top. Enjoy westerly views from Evans Notch south to Mt. Kearsarge. 3 hours round-trip. Full winter gear required. Moderate pace to 1,825 ft. elevation in the Maine section of the WMNF. Trip difficulty: Moderate. Leader: Scott Dyer (207) 233-5758, sdyer@natenv.com.

Pleasant Mountain. Monday, February 20, 2012, Denmark, ME. Are you ready for a more challenging beginner winter hike? Come join us for a 5 to 6 mile trip with spectacular views over hills and lakes. The route includes 1,800 ft. of elevation gain with steady climbing and some steep sections. This is a popular trail up Pleasant Mtn. due to its many view points and lack of road walk. Trip difficulty: Easy. Leader: Michelle Moody (207) 319-7355 (best time to call before 9 PM), meamc@micstan.us; Co-leaders: Jane Gibbons, patnjane@wildblue.net; Stan Moody.

Hedgehog Mountain. Saturday, February, 25, 2012, WMNF, NH. Hike to summit of Hedgehog Mtn. (2,532 ft.) and open ledge views. Approx. 2 mi. on UNH Trail off Kancamagus Highway. Loop trail option. Trip difficulty: Easy/Moderate. Leader: Sonny Martineau, sonnymart27@yahoo.com, Co-Leader: Dennis Crisp, bighit@cliffhanger.com.

Little Deer Hill and Deer Hill. Saturday, March 3, 2012, WMNF, ME. Hike Little Deer Hill (1,090 ft.) and Deer Hill (1,367 ft.). 5.5 miles at an easy pace. Snowshoes and some sort of traction device required. Trip difficulty: Easy/Moderate. Leader: Lew Dow (207) 890-8512 (before 9 PM), ljdow@yahoo.com; Co-Leader: Jennie Warner (207) 229-1388 (before 9 PM).


Full Moon Snowshoe. Saturday, March 10, 2012, Windham, ME. It’s magical to be out on the snow at night, especially during a full moon. Join us for a beginner moonlight snowshoe. 2-3 miles, gently rolling terrain. Trip difficulty: Easy. Leader: Jeanne Christie, (207) 310-8708 (best time to call: 6 – 9 PM), Jeanne.christie@aswm.org; Co-Leader: Larry DeHof (207) 310-8952 (best time to call: 6 – 9 PM).

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ADVANCED WINTER HIKING


Baldface Mountain. Saturday, January 14, 2012, Greenville, ME. Enjoy one of the best views of the western Maine mountain and lake country from the East Peak of Baldface. Starting from the Old Speck parking lot on Route 26 in Grafton Notch State Park, hike to West Peak (3,602 ft.) and East Peak (3,780 ft.) of Baldface. 8 miles round trip at a moderate pace. Trip difficulty: Moderate. Full winter gear required. Leader: Bill Brooke (207) 549-5100 (best time to call: before 9 PM), billll@mesoag.org. Co-Leader: Brian Strothmann.

Saddleback Mountain. Saturday, February 4, 2012, Rangeley, ME. Ascend one of Maine’s 4,000-footers in winter! We will climb 3,500 feet over 5.5 miles on the AT to the summit of Saddleback (conditions permitting), then retrace our steps. 11 miles total. Pass by two mountain ponds; 2 miles of above treeline travel. Snowshoes with cleats and full crampons required. Trip difficulty: Difficult. Leader: Laura Flight (207) 215-5306 (before 9 PM), flyrofflight@systemfolder.com. Co-Leader: Lew Dow (207) 890-8512, lwsdow@yahoo.com.

The Bonds. Saturday, February 25, 2012, WMNF, NH. Hike the Bonds (Bondcliff, Bond and West Bond), 20-plus miles, 4,500 feet elevation gain. Moderate pace, full winter gear required. For experienced and physically fit winter hikers. Will make an attempt at all three peaks weather and conditions permitting. Trip difficulty: Strenuous. Leader: Lew Dow (207) 890-8512 (before 9 PM), lwsdow@yahoo.com. Co-Leader: Bill Brooke, billll@mesoag.org.

Katahdin. Saturday-Sunday, March 3-4, 2012, Baxter State Park, ME. Few hikers get the chance to touch the Katahdin summit sign in winter! Join us for a single-day 18-mile round-trip to Baxter Peak via Abol Trail. Trip includes 5-mile ski/snowshoe to Abol Campground, a 1.5 mile snowshoe to the base of Abol Slide, 2.5 miles in crampons or snowshoes to the summit, and returning by the same route. Total vertical climb is 4,500 feet. Full winter gear necessary; required equipment includes snowshoes with cleats, full crampons, self-arrest ice-axe, and climbing helmet. Hike is very challenging due to terrain, weather, snow conditions, and duration. Day trip to Katahdin may last between 12 and 15 hours. Intended for very experienced winter hikers with high level of fitness, who can demonstrate proficiency for Baxter State Park permitting requirements. Hikers should be prepared to have flexible schedules: trip will have a primary weekend of 3/3-3/4, with summit attempt on either day as weather permits. If weather does not cooperate on either day, the attempt will be postponed to the following day. Night before accommodations in Millinocket will be arranged. Trip difficulty: Very Difficult. Leader: Jeff Aceto, outings@amcmaine.org. Co-Leader: Spencer Meyer.


CROSS COUNTRY SKIING

Afternoon XC Skiing at Twin Brook. Wednesday, January 11, 2012, Camden Hills, ME. Join us for an afternoon at Twin Brook Recreation Area in Camden, a great place to practice XC skiing. Good for beginners and those over 50. There are challenging portions which can be avoided and plenty of easy terrain—wide slopes, level areas—to practice on. The area is groomed and has both open fields and trails through the woods (for those looking for more challenges). If new to the sport, pointers will be available. $3 donation for use of area. Trip difficulty: Easy/Moderate. Leader: Michelle Moody (207) 319-7355, memic@mcstaus.net.

Cross-Country Skiing to Maine Huts & Trails. Sunday, January 15, 2012, T3 4 (Township 3 Range 4) east of Bigelow, ME. We will ski from the Big Eddy access point on the Maine Huts & Trails trail system between the Flagstaff and Grand Falls huts to the Grand Falls Hut and back. Trip length is approx. 16 miles. Intermediate or better skiing skills required. Much of route is along the south bank of the Dead River. Beautiful Maine Woods setting. Check with trip leader for further details including meeting place and time. Trip difficulty: Moderate – Strenuous. Leader: Peter Roderick (207) 293-2704, roderick1027@hotmail.com.

XC Skiing at Harris Farm. Friday, February 3, 2012, Dayton, ME. XC skiing at Harris Farm, Dayton, Maine or Leader’s Choice snowshoe hike in Biddeford area, depending on snow conditions for skiing. Trip difficulty: Easy. Leader: Lorraine Hussey (207) 619-9444 (before 9 PM), rnhussey@maine.rr.com.

XC Skiing at Pineland Farms. Saturday, February 18, 2012, New Gloucester. Check out skiing at Maine’s newest XC ski center! Join us for a day of skiing at Pineland Farms to explore its beautiful trail network. Ski approximately 4 to 6 miles over 2 to 3 hours on easy, groomed terrain through woods and fields. Day pass is $13. Equipment rentals available if needed. Trip intended for never-ever and beginner XC skiers, and will include instruction on technique, winter clothing and gear, and how to manage a car. Call (207) 540-6000, trip difficulty: Easy. Leader: Jeff Aceto, outings@amcmaine.org.

XC Skiing at Harris Farm. Friday, March 2, 2012, Dayton, ME. XC skiing at Harris Farm, Dayton, Maine or Leader’s Choice snowshoe hike in Biddeford area, depending on snow conditions for skiing. Trip difficulty: Easy. Leader: Lorraine Hussey (207) 619-9444 (before 9 PM), rnhussey@maine.rr.com.

DOWNHILL SKIING

Mt. Abram. Sunday, February 5, 2012, Greenwood, ME. Join us for a day of downhill skiing at Mt. Abram on Super Bowl Sunday! AMC members will get a corporate rate. Leader: Carolyn Welch, cwelch6789@gmail.com.

BACKPACKING, CAMPING, AND WEEKENDS

Zealand Falls Hut Weekend. Saturday-Monday, January 14-16, 2012, WMNF, NH. Spend Martin Luther King weekend at Zealand Falls Hut. Join us for our annual winter weekend! Saturday: snowshoe or ski 3 mi. to outlet ponds and trails to hut. Sunday: take an easy snowshoe, x-c ski, or just lounge around the hut. Bring wine and cheese to share for Sunday night. Monday: head back out. $99 covers 2 nights lodging, 2 great dinners and breakfast. Limited space, reserve early. Leader: Wayne Newton (207) 897-3072, hikerfig@myfairpoint.net. Co-Leaders: Susan Sharkey, (781) 961-3203; Roger David (207) 737-2933, rogerdavid@earthlink.net.

XC Skiing and Snowshoeing Weekend in Acadia National Park. Friday-Sunday, January 27-29, 2012, Bar Harbor, ME. Come join us for a weekend of indoor and outdoor winter activities on the carriage roads and trails of Acadia National Park. We’ll stay in a Bar Harbor hotel; cost for two nights lodging is $110 per person, double occupancy. Will dine in local restaurants at participant’s expense; lunches on the trail. If snow conditions permit we’ll cross-country ski on the carriage trails, otherwise we’ll snowshoe or hike on the numerous trails on Mt. Desert Island. Come experience Bar Harbor and Acadia NP in the “quiet season!” Registration required. Trip difficulty: Moderate. Leader: Ginette Beaudon, (207) 590-4431 (before 9 PM), ginette4000@yahoo.com.

Camden Hills Backpack. Saturday-Sunday, February 11-12, 2012, Camden Hills, ME. Join us for a combination winter snowshoe and overnight backpack in the Camden area. We’ll start in the morning and hike to a view spot for lunch. After, we’ll set up camp in tents and snow shelters and then start preparing the evening meal, including hors d’oeuvres which will be a group effort. In the morning, enjoy the sunrise with your favorite hot beverage followed by breakfast and then snowshoe down the mountain. Are you adventurous enough to sleep out in igloos? Hopefully you have a chance to find out without heading to Alaska. To learn more about the igloos: http://grandshelters.com/index.html. For those less adventurous or who don’t have two days free, you can make it a one day hike and head down the mountain after lunch. The exact trails won’t be selected until after January 7, and there may be other camping options after that date. Contact the leader for more information. Trip difficulty: Easy/Moderate. Leader: Roger David (207) 737-2737 (before 9 PM), rogerdavid@earthlink.net. Co-Leader: Michelle Moody.
XC Ski Trip to MWI Lodges. Monday-Friday, February 27-March 2, 2012, east of Greenville, ME. Here’s a great opportunity to spend two nights at both Gorman-Chairback and Little Lyford Lodges in Maine Woods Initiative area. Intermediate cross-country ski skills are required for each 6-mile leg of this trip. This is a self-guided trip led by Maine Chapter trip leaders. Possible day trips from each lodge include snowshoeing to Gulf Hagas and Third Mtn. on the AT, and involve cross-country ski loop trips of various lengths and terrains as desired. Gear shuttle is included in trip fees. Please contact trip leader for details. Trip difficulty: Moderate–Strenuous. Leader: Peter Roderick (207) 293-2704, roderick1027@fairpoint.net.

Little Bigelow Backpack. Saturday-Sunday, March 17-18, 2012, Carrabassett Valley, ME. This trip is in search of new winter hikers (as well as not so new winter hikers) looking to finish the winter hiking season with an overnight adventure. We’ll snowshoe the AT to the Little Bigelow Lean-to and set up camp, then snowshoe to Little Bigelow Mtn., summit and return, spend the night, and snowshoe out the next morning. Check with leader for details. Trip difficulty: Moderate–Strenuous. Leader: Peter Roderick (207) 293-2704 (before 9 PM), roderick1027@fairpoint.net.

WALKS

Full Moon Beach Walk. Friday, April 6, 2012, Old Orchard Beach, ME. Full moon beach walk from Pine Point to Old Orchard Beach Pier. Trip difficulty: Easy. Leader: Lorraine Hussey, (207) 619-9444 (before 9 PM), nhussey@maine.rr.com.

NEWSLETTER

Deadline, Wilderness Matters, Spring Issue: March 1, 2012. Wilderness Matters is your chapter newsletter. Everyone is welcome and encouraged to contribute, be it stories, opinions, photos or whatnot. We want to hear from you! Send submissions to newsletter@amcmaine.org. Thank you!

Wilderness Lodges

Wilderness Lodges is the newsletter of the Maine Chapter of the Appalachian Mountain Club. Opinions expressed herein do not necessarily reflect the policies or views of the AMC or its Maine Chapter.

Send all address corrections to: AMC, 5 Joy Street, Boston, MA 02108, 800-372-1758, amcmembership@outdoors.org

Send newsletter submissions and photographs to: newsletter@amcmaine.org

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Wackeladded, the setting, the nine cabins, and the bunkhouse all retain the best of that original sporting camp feel. The hot shower and sauna building will be cranking all winter.

Chuck James, native Mainer and longtime lodge manager, is still on hand to welcome you into camp and loves to talk about Lyford’s place in the history of Maine sporting camps.

Gorman Chairback Lodge & Cabins. AMC’s newest gem in the wilderness is on the shores of Long Pond and surrounded by AMC’s 66,000 acres of conserved land. Eight shoreline cabins are all newly chinked and renovated, have gas lights, wood stoves, stacked firewood, and great views across the lake. Four new cabins, each with private bathrooms, are built in the old log cabin style but with modern amenities, including an accessible cabin with propane heat and electric power. The bunkhouse is recently chinked and guaranteed to be warm.

The new Gorman Chairback Lodge has a wood stove-warmed guest library and sitting room, new shower facilities, a wood-fired sauna, and a dining room with beer and wine available. I’m not sure what is more delightful, leaving the lodge for a ski through snow-covered pines or returning to a hot wood stove and good conversation.

Executive chef Nate Dusoe assembles full-course family-style meals that make guests wonder if they really are in the wilderness. Manager Dan Rinald is too good to be so young. He personally connects with each guest to make sure everyone enjoys their stay.

Wondering what there is to do at AMC’s wilderness lodges in the winter? There are plenty of ski and showshoe trails around the lodges: flat or rolling trails for novices, destination trails for experienced folks, wooded trails, lakeside trails, and hillside trails.

In fact, there are now over 80 miles of ski trails to, around, and connecting all three lodges. A new trailside heated yurt is up and ready as a daytrip destination or a mid-trip stopover between Chairback and Lyford.

If you can’t decide which lodge you’d like best, try them all on a single trip. AMC arranges lodge-to-lodge trips with gear transport by snow machine so you can travel with a light daypack and stay in each lodge for one or two nights. Check out recent issues of Backpacker and Downeast magazines that have featured lodge-to-lodge skiing at all three AMC Maine Wilderness Lodges.

Note: The seventh annual Wilderness Sled Dog Race that starts in Greenville on Saturday, February 4 is another fun outdoor event close by the lodges, and much of the race course is over AMC property. Dogs and mushers in the 100-mile race have a mandatory two-hour layover at Medawisla where Maine Chapter volunteers will help care for the teams before they begin their return run to Greenville. Lodge guests will have “front row seats” to all the excitement.

Yes, indeed, visiting the Maine Wilderness Lodges in winter is fun and exhilarating. Just ask any Maine Chapter volunteer! FMI on the Maine Wilderness Lodges, go to www.outdoors.org/lodges/maine/lodges/ and click on each lodge for details about their amenities and opportunities. Reservations can be made online or by calling AMC Reservations at (603) 466-2727. FMI about AMC Maine Chapter activities in the Maine Woods Initiative and 100-Mile Wilderness region, contact Peter Roderick, Co-Chair of the MWI Committee at mw@amcmaine.org. —Submitted by John Mullens
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Maine Chapter Annual Meeting Awards Presented and New Committee Members Welcomed

Two chapter-wide awards were presented and retiring and incoming Executive Committee members were recognized at annual meeting of the Maine Chapter on Saturday October 22, 2011 at Camp Kieve in Nobleboro.

Appie of the Year. Since 2007, the chapter has presented an “Appie of the Year” award, and this year’s recipient was Maine Chapter trip leader Michelle Moody. Michelle co-lead her first trip in December 2009 and three months later she became a full-fledged leader after successfully completing her two other required co-leads and one mentor hike. She has kept up that pace ever since, with nine trips in 2011, including three beginner winter hikes, two flat-water paddles, and four flat-water paddles as part of a Cathance River series with the Brunswick-Topsham Land Trust. She also led four trips at the 2011 annual meeting. Leading trips in all seasons, Michelle always exercises the utmost attention to the group’s safety. In addition to leading trips, she spent Memorial Day Weekend swatting black flies and doing trail maintenance at AMC’s Little Lyford Lodge & Cabins. She is also a regular attendee of the popular monthly Meetings and Education events, always lending a helping hand with set-up and break-down. We would be remiss not to mention her husband Stan who has aided and abetted many of the previously mentioned activities. The hand-heven maple walking stick given to the current Appie of the Year was passed from John Mullens (last year’s Appie of the Year) to Michelle.

Lifetime Achievement Award. The Maine Chapter also presented a “Lifetime Achievement” award, given on a deserving basis to a person who has served the chapter in many capacities over several years. Keith Chapman was the recipient of this award. Keith has served the Maine Chapter in the early 1980’s, of service on the Executive Committee in roles as Trail Maintenance Committee Co-Chair and Outings Chair. In addition, since Keith became an active member with the Maine Chapter in the early 1980’s, he was also a trip leader for hiking and cross-country skiing, in addition to his trail maintenance trips. On all trips, Keith displays the utmost level of patience and skill, and quiet, effective demeanor. Over the years, Keith has also fostered an on-going partnership with the Loon Echo Land Trust doing trail work and construction on Pleasant Mtn., for which he has also recently received formal recognition. This recognition of Keith also included numerous accolades and stories from people Keith influenced along the way. Keith was awarded a plaque with the following engraved inscription:

Keith Chapman is hereby recognized for his outstanding contributions to the growth, success and leadership of the Maine Chapter of the Appalachian Mountain Club and for his advocacy for conservation of and public access to the special places of the state of Maine.

Awarded this day, October 22, 2011 at the AMC Maine Chapter annual meeting held at Camp Kieve, Nobleboro, Maine

Retiring ExCom members. The following Executive Committee members retired at the annual meeting. Many thanks for their years of service:

Bob Cummings, Newsletter Co-Chair
Brenda Cummings, Newsletter Co-Chair
Carolyn Arcand, Young Members Chair
Laura Flight, Past Chair
Mara Kruze, Membership Chair

New ExCom members. New Executive Committee members who will be offering their time and talents in the next year include:

Roger David, Vice-Chair
Karen Herold, Conservation Chair
Carey Kish, Newsletter Chair
Douglas Ofara, Trails Co-Chair
Mary Rienideau, Secretary
Kimberly Sanders, Young Members Chair
Richard York, Trails Co-Chair
Larry Dyer of Casco will serve as Chapter Chair for the next two years, and Past Chair Carrie Walia will continue to serve on the Executive Committee. —Submitted by Laura Flight and Carrie Walia

Why Roadkill Matters!

In Maine, where much of our road system goes through or along undeveloped countryside, we are used to seeing roadkill or live animals on the highway. Usually when this happens, we might take momentary notice, and then soon forget about it. However, a project at Maine Audubon hopes we won’t forget. In fact, they would like Mainers to make a note of the details to enter into an online statewide database.

The Maine Audubon Wildlife RoadWatch program, a partnership among Maine Audubon, the University of California at Davis, MaineDOT, and Maine Dept. of Inland Fisheries & Wildlife, collects citizen recorded wildlife sightings to build a database and to develop a scientific understanding of wildlife movements across Maine and specifically across Maine’s roadways.

Barbara Charry of Maine Audubon will explain why this is necessary, how the data will be used, and how it will benefit both wildlife and our Maine population when she addresses the AMC Maine Chapter and the public on **Wednesday, March 21, 2012 at the Curtis Memorial Library in Brunswick**. Join us for a potluck dinner at 6 PM and Barbara Charry at 7 PM. Bring a potluck item to share and your own dinnerware (plate, utensils etc.). Drinks will be available. See driving directions at [www.amcmaine.org](http://www.amcmaine.org) under Meetings and Education Committee. FMI, email Chair John Mullens at education@amcmaine.org

Ecological Recovery in Coastal Maine

Maine’s rivers, estuaries, and coastal marine ecosystems have historically supported prodigious abundances of wildlife. Alewives and blueback herring emigrated out of our river systems by the millions, and were exploited for food by nearshore groundfish populations such as Atlantic cod and haddock, as well as humans. However, over the past three centuries, human activities have resulted in the collapse of these anadromous prey species, in turn decimating the nearshore groundfishery.

Bowdoin College Professor John Lichter, the Samuel S. Butcher Associate Professor in the Natural Sciences, has begun a long-term study on this issue. Together with other researchers from Bowdoin and Bates colleges, and the University of Southern Maine, Lichter’s goal is to understand how continued ecological recovery could stimulate economic activity in coastal Maine. The Kennebec River and estuary, including Merrymeeting Bay, serve as their primary research system, although they make across-river comparisons with the Penobscot and St. Croix rivers to understand how socioeconomic forces influence ecological recovery.

On **Tuesday, January 17, 2012, Dr. Lichter will talk about this research** and prospects for the future ecological recovery when he addresses the AMC Maine Chapter and the public at the Curtis Memorial Library in Brunswick. Join us for a potluck dinner at 6 PM and Dr. John Lichter at 7 PM. Bring a potluck item to share and your own dinnerware (plate, utensils etc.). Drinks will be available. See driving directions at [www.amcmaine.org](http://www.amcmaine.org) under Meetings and Education committee. FMI, email Chair John Mullens at education@amcmaine.org.
David Field to Present New Information and Photos on the History of the Appalachian Trail in Maine

One of the striking things about David B. Field’s new book on the history of the AT in Maine, *Along Maine’s Appalachian Trail*, is the photos. The photos exhibit the rugged landscape of Maine and trail development in action, while the supporting prose narrates how it all was accomplished. Field, a retired University of Maine professor of Forest Resources and a longtime member and officer of the Maine Appalachian Trail Club (MATC), has maintained 6 miles of the Appalachian Trail (AT) for 54 years.

Field’s long involvement with the MATC provides the basis of this book. Field had access to the files of old photos and documents collected by trail maintainers in Maine going back in the trail history. And it is those photos with the accompanying narrative that bring to life the AT in Maine, its beginning, and its history.

Many of us in the AMC have heard of the MATC, the all-volunteer non-profit organization responsible for managing, maintaining, and protecting the AT in Maine. In fact, however, many people confuse the MATC and the AMC and their purposes, and with good reason. (Readers of this article should know that the non-profit AMC promotes the protection, enjoyment, and stewardship of the mountains, forests, waters, and trails of the Appalachian region. And within that scope, the AMC has only a minor connection with the AT. The Maine Chapter of the AMC maintains sections of the AT near the Bigelows and near Gulf Hagas in the MWI region.)

Founded by Maine native and AT enthusiast Myron Avery in 1935, the MATC cares for the AT in Maine, removing blowdowns, digging out water bars, building and maintaining shelters, relocating the trail itself, monitoring its boundary for encroachments, and doing whatever is necessary to maintain a safe, secure, and protected trail.

Field’s research on the trail didn’t stop when the book was published six months ago. Recently, Field traveled to Deer Isle, ME to visit Myron Avery’s granddaughter and gain access to more than 100 additional photos that document Avery’s role in the development of the AT from Maine to Georgia.

Field will highlight the early history of the AT in Maine and these newly discovered photos in his talk, and will have books to sell and autograph on Thursday, March 29 at 7 PM at Fields Pond Audubon Center, 216 Fields Pond Rd., Holden, ME 04429, about 15 minutes south of Bangor. The program is jointly sponsored by Maine Audubon and the AMC Maine Chapter and is free and open to the public. See driving directions at www.amcmaine.org under Meetings and Education Committee. FMI, email Education Chair John Mullens at education@amcmaine.org or Audubon Naturalist Holly Twining at hitwining@maineadubon.org.

New AMC Maine Mountain Guide in the Works

The *Maine Mountain Guide* has served as the comprehensive reference for hikers seeking out the mountain trails of Maine for 50 years. The completely revised and expanded 10th edition will be published in April 2012, just in time for the hiking season. In addition to feature coverage of the trails of Baxter State Park, the guide now offers wide coverage of the scenic paths of Acadia National Park. Beyond these and many other popular hiking locales, the new guide describes more than 75 new mountains and some 200 new trails, from the 100-Mile Wilderness and Moosehead Lake region, Aroostook County, Western Lakes and Mountains and Oxford Hills and Evans Notch regions to the Kennebec and Moose River valleys, Southwestern Maine, the Midcoast and Downeast.

Exciting new hiking opportunities abound in Maine, and the new *AMC Maine Mountain Guide* has captured them for your hiking pleasure. You’re going to love the new look and great information of this venerable hiker’s companion!

Editor’s Book Choice

For an entertaining, heartwarming and, at times, heartbreaking read, try *Following Atticus: Forty-Eight High Peaks, One Little Dog, and an Extraordinary Friendship*. Tom Ryan and his 20-pound miniature schnauzer Atticus, an unlikely pair of hikers, take on the 4,000-foot peaks of the White Mountains in winter, all 48 of them, not once but twice in 90 days, and two winters in a row. It’s an amazing tale of challenge, love, commitment, nature, family, gratitude and change.

AMC’s Adventure Travel Leadership Training a Success!

The AMC Adventure Travel Leadership Training Program—held in Litchfield, Connecticut on November 18-20, 2011—was a tremendous success! The trainers were a wealth of information for the participants, having over 80 years combined experience leading Adventure Travel for the AMC. The participants also brought significant experience to the training, most having led many Chapter trips for the Club for a number of years. For more information on AMC’s Adventure Travel program, please see www.outdoors.org/adventuretravel.

Wilderness Matters Has New Editor

With the publication of this issue, *Wilderness Matters* has a new editor. Carey Kah, AMC Maine Chapter member and longtime hiker and outdoors writer, has assumed responsibility for getting the important news of the chapter into print. Many thanks are due Carrie Wallia, who in addition to her duties as Chapter Chair, also took care of the newsletter for much of the past year. She made the handoff to Carey a painless one. Prior to Carrie’s temporary role, of course, your newsletter was most ably compiled, edited and by Bob Cummings and designed by his daughter Brenda. Congratulations and sincere thanks to Bob and Brenda for their long dedication and commitment to not only the newsletter, but to AMC as a whole! Carey looks forward to working with ExCom members and a wide variety of other chapter members to carry on the tradition of a quality, informative and timely newsletter.
Remembering Elliott Bates, Longtime AMC Maine Chapter Member

On October 16, about a dozen chapter friends gathered at the Pepper Club in Portland to recall memories of Elliott. Elliott’s son John and his wife Susan came up from Newton, MA for the event. The next day several folks climbed Burnt Meadow Mtn., one of Elliott’s favorites. Elliott was remembered by chapter friends for his gentle ways and for his enthusiastic enjoyment of the mountains of Maine. His varied skills were frequently displayed during his activities with the Maine Chapter. A former chair, Shirley Helfrich, recalls one exploration of Isle au Haut during which Elliott improvised a solar shower from an old tablecloth. “It was one of my best showers ever,” she remembers. Another time, after a particularly boring inter-chapter meeting on Mt. Desert Island, Shirley recalls, “we treated ourselves to a hike up Kebo Mtn. As we neared the top, Elliott burst into song, which echoed off the rocks and no doubt surprised all the wildlife, human and otherwise.”

John Andrews, also a former chapter officer, remembers Elliott, “as a real gentleman and a warm friend.” John and Elliott both grew up in Gardiner, the home of the poet Edward Arlington Robinson, who Elliott had met as a child. An avid outdoorsman, Elliott had climbed many of the mountains and hills described in the Guide he edited. For many years he had enjoyed annual climbs of Katahdin with family and sometimes chapter friends. When only sixteen years old Elliott joined the round-the-world voyage of the schooner Yankee skippered by Capt. Irving Johnson out of Gloucester, MA. At the time the schooner’s youngest crew member, he had joined the ship in Port Moresby, Papua New Guinea. “(He) became ship’s measurer as soon as he revealed his aptitude with figures and lines (and) made drawings of all parts of the Yankee that form a valuable record…” wrote Irving and Electa Johnson in their record of the voyage, Sailing to See. The voyage kindled a lifelong love of sailing and he frequently cruised with friends and family in the coastal waters of Maine, New England and Atlantic Canada.

Born in Jamaica Plain, Massachusetts, on October 22, 1920, Bates was the son of Roy Elliott Bates and Helen Bartlett (Maxcy) Bates. He was raised in Gardiner, attending local schools. He was a 1937 graduate of The Loomis School in Windsor, CT and attended Williams College in Williamstown, MA. Elliott served in World War II, having enlisted in the U.S. Army in 1942. He took advanced civil engineering training in the Army Specialized Training Program at Virginia Polytechnic Institute, and served as a medic in the Battle of the Bulge. Following his Army service, he attended the Massachusetts Institute of Technology, earning a B.A. in Architecture in 1948. Elliott met his future wife, the former Phyllis Jacobson of Brockton, MA on Monhegan Island. The couple raised their family in Auburn. Mrs. Bates passed away in 1987. Elliott continued his involvement with Monhegan throughout his life, was active in conservation as a member and trustee of Monhegan Associates, and was a founding sponsor of Monhegan Museum.

Elliott is survived by four children, Susan (Bates) Eddy of St. Andrews, NB, John Elliott Bates of Newton, MA; Deborah Maxcy Bates of Bonny Doon, CA; and Daniel Waldemar Bates of Kennebunkport; and 11 grandchildren. —Submitted by Bob Cummings

AMC’s 136th Annual Business Meeting & Farewell Celebration Gala for Andy Falender

AMC’s 136th Annual Business Meeting will be held on Saturday, January 28, 2012, at the UMass—Bos campus on Columbia Point, Boston. Starting at 8 AM, the day’s activities will include committee meetings followed by the 136th Business Meeting at 3 PM. All members are welcome to attend but pre-registration is required, as no walk-in spots are available. This year’s event is different from years past as we will not be hosting workshops or an AMC showcase. FMI about the day program, go to www.outdoors.org/annualmeeting.

On the evening of Saturday, January 28, AMC will be celebrating Andy Falender, who after 23 years as President of the club, is retiring. The Farewell Celebration for Andy starts at 6 PM. The event is being held at the John F. Kennedy Presidential Library and Museum, Columbia Point, Boston. Pre-registration is required (separate from the day program). To register, and FMI on the evening program, go to www.outdoors.org/farewellandy.

Out and About.. Recent Trips and Workshops

Join us! See listings inside..

Go Paperless—Wilderness Matters

Do you prefer to receive this newsletter electronically, sent directly to your e-mail inbox? Register through AMC’s Member Center at www.outdoors.org. If you have difficulty, please call the AMC Membership Department at 1-800-372-1758 (M-F, 9-5 PM EST) or e-mail amcmembership@outdoors.org.